



# HEALTH AND SAFETY MANAGEMENT

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## OCCUPATIONAL HEALTH AND SAFETY - OSHA PROFESSIONAL 2024

### FEES

Local Fees K5500

International Fees \$350

AN INTENSIVE 5-DAY TRAINING  
COURSE

**27 - 31**  
**MAY 2024**

### VENUE

ZAMBEZI JUNCTION LODGE  
MOSI-OA- TUNYA  
LIVINGSTONE, ZAMBIA

**REGISTER NOW!**



## COURSE OVERVIEW

In today's complex business environment, managing occupational health and safety (OHS) is a challenge that many organizations grapple with. Effective OHS management is more than just a compliance matter - it's about embedding safety culture into the organization's fabric, ensuring everyone's well-being, and being proactive in risk management. However, there's an evident gap in knowledge and skills in implementing effective OHS strategies, which results in missed opportunities to foster a healthier and safer work environment.

The OSHE professional course which is one of our certified approved courses in HSE, is designed to bridge this gap. With an emphasis on safety training as a part of comprehensive health and safety management, this training aims to improve your understanding of OSHA practices and the regulatory landscape, and equip you with the skills to effectively manage workplace health and safety. By the completion of this course, you will be prepared to transform your workplace into a safer, more efficient environment, opening up new opportunities for your organization. This OSHA certification not only offers valuable knowledge enhancement but also provides practical tools to facilitate your journey towards excellence in health and safety management.



By combining theoretical concepts with practical exercises, the Health & Safety Management - Occupational Health and Safety - OSHA Professional course aims to equip you with the following skills:

- Enhance your comprehension of workplace health and safety principles
- Understand the significance of upholding superior health and safety standards in the workplace
- Identify the possible outcomes of breaching work health and safety regulations
- Clarify the roles and duties involved in overseeing workplace health and safety
- Define hazards, assess their risks, and devise risk mitigation strategies
- Acquire knowledge of preventive measures for typical workplace injuries



## WHO SHOULD ATTEND ?

**This course is advantageous for:**

- Health and safety professionals seeking to enhance their expertise
- Construction and field supervisors striving to enhance safety measures
- Operations teams keen on grasping and applying successful OHS methods
- Site managers in search of practical resources for overseeing health and safety
- Individuals aiming for a thorough certification in OHS management

## WHAT WILL YOU GAIN

**Upon completing this OSHA certification, you will gain the ability to:**

- Effectively implement risk control measures
- Comprehend the direct and indirect causes of workplace accidents
- Take on roles and duties in emergency management
- Strategize and prepare for workplace emergencies
- Recognize fire causes and execute prevention tactics
- Determine training needs for the Health & Safety department and other employees
- Apply NEBOSH or ISO 45001 principles
- Grasp and handle risks associated with working with electricity
- Manage fire safety effectively
- Identify and regulate risks linked to hazardous substances
- Manage risks in the work environment efficiently



## COURSE CONTENT

- Health and Safety Principles
  - Understanding the nature and scope of health and safety at work
  - Advantages of maintaining high health and safety levels
  - Resources for health and safety information
  - Recognizing standard safety signs
  - Employee awareness
  - Essential materials and videos for internal HSE training
  - Overview of the new 40/50 regulations in HSE



# COURSE CONTENT

## • Health and Safety Principles

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## • Ensuring Safety and Health for All

- Responsibilities and tasks of involved parties regarding health and safety
- Implementation of management systems for health and safety
- Causes of accidents
- Enhancing performance in health and safety

## • Evaluating and Managing Risk

- Identifying Positive and Negative Factors
- Defining the Purpose and Objectives of Risk Assessment
- Conducting Risk Analysis
- Mitigating Risks
- Utilizing Risk Assessment SWOT Analysis

## • Health and Safety Goals and Targets

- Aligning with organizational and corporate strategy
- Responsibilities of the Strategy Office and general HSE duties
- NEBOSH compared to ISO 45001
- Targets specific to the industry
- Establishing a positive company image
- Implementing a proactive policy for loss prevention

## • Health and Safety Culture

- Understanding the features of H&S culture
- Establishing a safety-focused culture
- The role of HR in onboarding
- Obtaining an HSE train-the-trainer certificate

## • Risks and Safeguards Associated with Working with Electricity

- Hazards of utilizing electricity in the workplace
- Procedures for managing electricity safely

## • Fire Safety

- Identifying common fire hazards in the workplace
- Conducting fire risk assessments
- Implementing fire control and prevention measures
- Outlining responsibilities of workers and managers
- Exploring various types of medical programs
- Managing fire safety protocols efficiently

## • Understanding Implicit Hazards

- Exploring the Value Chain Theory
- Industrial Value Chain Connections
- Concerns in Manufacturing Warehouses
- Reactions of Individuals to Hazards
- Implementing Awareness Initiatives

## • Hazardous Substances Management and Risk Control

- Different types and classifications of hazardous substances
- Available sources of information
- Managing and controlling hazardous substances

## • Controls and Risks Associated with the Work Environment

- Human oversight
- Employee duties
- Environmental and welfare concerns
- Risks and safety measures for pedestrians
- Psycho-social challenges
- Adverse effects of noise and vibration on health with potential remedies
- Workplace first aid regulations and standards





# BOOKING FORM K 5500.00

PER DELEGATE EXCLUDING VAT,  
TRAVEL & ACCOMMODATION

**\*To attend this event, payment has to be made before the 24TH MAY, 2024**

**For discounts on group bookings, please email us at [info@visionafricaevents.com](mailto:info@visionafricaevents.com) or call K.Lembela ([training@visionafricaevents.com](mailto:training@visionafricaevents.com)) at +260 978 758 724**

## CONTACT INFORMATION OF AUTHORIZED SIGNATORY (Signatory must be authorized to sign on behalf of the company)

Company: .....  
Address: .....  
Contact Person: .....  
Designation: Date: .....

Tel: .....  
Cell: .....  
Fax: .....  
Email: .....  
Company VAT #: .....  
Authorized Signatory: .....

## DELEGATE LIST

**Delegate 1:** .....  
Position: .....  
email: .....  
**Delegate 2:** .....  
Position: .....  
email: .....  
**Delegate 3:** .....  
Position: .....  
email: .....  
**Delegate 4:** .....  
Position: .....  
email: .....  
**Delegate 5:** .....  
Position: .....  
email: .....

## TERMS & CONDITIONS:

(The following terms and conditions will apply)

- Payment is required in full 5 days from date of invoice
- All payments to be made directly to Vision Africa Events
- No seats will be reserved, unless Vision Africa Events receives a signed registration form
- Vision Africa Events reserves the right to change speakers, programme content, date & venue due to circumstance beyond our control.
- The signed booking/registration form is a legally binding contract.

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Local Fees K15500 , International Fees: \$ 350

## PAYMENT METHODS



### Bank Transfer:

Atlas Mara Bank Limited, Zambia  
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Swift code: FMBZZMLX, Sort Code: 20044  
Branch code: 301  
ZMK ACCOUNT: 3015882912011  
DOLLAR ACCOUNT: 3015882912922

**Cheques: Made payable to Vision Africa Events**

**Credit Card: Please fill in your credit Card details below  
(Please note that ONLY VISA & MASTERCARD ARE ACCEPTABLE)**

Credit card Holder's Name:

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Expiry date: ..... 20 .....

Credit Card #: .....

CVC #: .....

Card Holder Signature : .....

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- Vision Africa Events will NOT charge for substitutions
- Vision Africa Events will NOT be held liable for incorrect Delegate details on Certificates, etc. in the event of substitutions being made on the day of the event or conference.
- In the event of Vision Africa Events having to cancel or postpone an event due to circumstance beyond our control, delegates will be issued with a credit voucher, which may be redeemed for future events or conferences.

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